Walk Around Pierce County

Walk Around Pierce County is a "virtual trip" around Pierce County powered by your activity. Walk, jog, swim, exercise at your club or do whatever you enjoy doing, just be active! Track your progress on the map of Pierce County by clicking on the different sites as you reach them.

There is no cost for this activity. 30 minutes of activity a day, 5 days a week gets you around the county in three months. (Kids should be active 60 minutes a day, 5 days a week so they should make the trip twice in 3 months.)

Directions:

Start with #1 on the **site list**, Pierce County Courthouse.

- 1. Log your activity on the <u>log form</u> until you have accumulated 30 minutes of activity time. (Remember, activity is whatever you like to do to be active: walk, run, swim, garden, etc.)
- 2. When you have 30 minutes of cumulative activity time, you have reached the Pierce County Fairgrounds.
- 3. You can click on #2 on the map to see a picture of and read about the fairgrounds.

Continue to log your activity and "walk" around the county until you have returned to the Courthouse. If you did it in 3 months or less, great! Keep going and increase your activity as you go.

Designed by the Healthy Eating and Active Living Coalition of Pierce County.

Special thanks to Pierce County Partners in Tourism for providing information and photos of many of the sites.

Walk Around Pierce County Site List
Walk Around Pierce County Log Form
Walk Around Pierce County Map